

— **REGISTRATION CLOSING FRIDAY, MARCH 21st** —

**ONE FORM PER STUDENT. Forms must be signed by a parent/guardian.
Registration includes lunch.***

*we are unable to accommodate food allergies and encourage those with concerns to bring a lunch with them.

ACTION SPOTS & WORKSHOPS for 5th-8th grade girls & nonbinary youth

This year, we're switching things up! To simplify the registration process, workshop assignments will be random, rather than assigned by choice on a first come, first served basis. Each workshop will provide students with age-appropriate information on a topic relevant to their lives. We're confident that students will be inspired and empowered during any workshop sessions they're assigned to.

In addition to the morning and afternoon workshop sessions, students will have several opportunities to visit a variety of fun and interactive Action Spots (who's ready for bracelets and pins and that beloved Word Wall?!). Some of our Action Spot partners this year are: Maine Youth Power; MaineTransNet; The Yellow Tulip Project; OUT Maine; Maine Family Planning; Sexual Assault Crisis & Support Center; SARSSM; Speak About It; and SafeBae.

Speak Up and Shine with YuJi & Penny

Learn how to use your voice to state what you believe. This workshop will teach you public speaking skills so that you can confidently speak up and shine.

Media Mindfulness with Mia & Chloe

Learn how to spot hidden messages in the media and think critically about what you see online. We'll discuss how to be an upstander and highlight positive creators.

Be the 'I' in Resilience with Ella & Lundyn

Express yourself through hands-on crafting while exploring self-reflection and personal growth. Learn coping skills to handle life's ups and downs.

The Journey to Self-love with Ava & India

Being kind to yourself is the first step on the journey to loving yourself. Learn how positive self-talk can improve your mental health and self-esteem.

Growing Up, Glowing Up with Kaethe & Fallon

Learn about all of the exciting, confusing, and totally normal things happening with your body. Finally get those embarrassing questions answered.

Using Art to Cause a Ruckus with Sophia & River

This creative workshop will inspire & encourage you to express yourself through art. Learn how to use creativity to cause a ruckus.

Upcycle Your World with Anica & Liv

Learn how to repurpose everyday items into something fresh and uniquely you! We'll get creative, reduce waste, and make a ruckus about sustainability.

Everything Period with Amorette, Francis, Catherine & Olive

Learn about phases of the menstrual cycle, common myths, and how to bust the stigma. This workshop is open to everyone.

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Youth Registration \$20 Youth Partial Scholarship \$10

Student will be attending at no cost Scholarships are available to cover attendance for any student.
A donation of any size helps to keep our programs accessible for all.

STUDENT INFORMATION

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
STUDENT first name	STUDENT last name	grade	name of school
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
STUDENT street address	city	state	zip code
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
name of emergency contact	relationship to student	best contact phone #	

PARENT/GUARDIAN PERMISSIONS

Please check here if the youth you are registering has special needs. Efforts will be made to accommodate any needs. You may call us at (207) 370-1395 to discuss. ***We are unable to accommodate dietary restrictions. People with allergies should plan accordingly.**

By completing this registration, you (as parent/legal guardian) are agreeing to the following terms and conditions:

attendance/transportation waiver

Your child has permission to participate in this Hardy Girls program. Your child also has permission to be transported to the conference by bus through the school if that is applicable. In case of illness, injury or emergency, your child has permission to be transported out of the conference location for medical treatment.

audio/video/photo release

There will be photos and video throughout the day to be used for future Hardy Girls' public relations purposes, including website, social media and newsletter. **Please check here if YOU ALLOW your child to be photographed.**

<input type="text"/>	<input type="text"/>	<input type="text"/>
parent/guardian name (print)	parent/guardian signature	date